

A triathlete is shown from the waist up, riding a mountain bike on a forest trail. The athlete is wearing a white helmet with a race number '1', a blue and pink cycling jersey, and patterned shorts. The background is a blurred forest. The text 'Kāpiti Half Marathon Run the Coast @ Level 2' is overlaid in white.

# Kāpiti Half Marathon Run the Coast @ Level 2

The below outlines our commitment to keep you safe during Level 2 restrictions while allowing you to participate in your favourite activity.





# 4 Key areas of our Safety Plan



Why?



Connecting the parts



Keeping us all safe



Our Community



# Why?

- We run events and are dedicated to ensuring you can too.
- Safety is at the heart of everything we do and our Covid-19 planning is no different. We believe in a safe and compliant event.
- We believe mental and physical wellbeing is of extreme importance.
- We believe our community want to be involved in events again.
- We believe we have to start living in a Level 2 environment while supporting our community.
- Businesses have been given a framework of how to come back on-line. This includes events.
- We believe events are an integral part of Aotearoas society.
- We believe we can be at the forefront of event development while adhering to and surpassing government guidelines.
- We have already run a successful event at Level 2 with 550 participants.



# Keeping us all safe

## Adhering to government guidelines, Level 2

### **What are the government guidelines for events at Level 2?**

- No restrictions on mass gatherings if within a defined event facility (we are operating out of a defined event facility.)
- All participants must practice social distancing of 1 metre from people that they do not know at all times. This means no Hugs or High fives outside people you do not know.
- An event must manage their numbers to ensure that every individual or group of people is kept 1 metre apart within the venue.
- All Staff must wear masks and socially distance at minimum of 1m.

### **Businesses and workplaces must operate safely, for us that means:**

- Complying with general Alert Level 1 and 2 settings
- Displaying a NZ COVID Tracer app QR code poster and have alternative contact tracing systems.
- There must be multiple QR posters around the venue as well as at the entrance.
- Maintaining hygiene measures, including physical distancing, hand washing and regularly cleaning surfaces,
- If workers or participants have symptoms of COVID-19, they will stay home.
- All our staff and volunteers will wear masks.





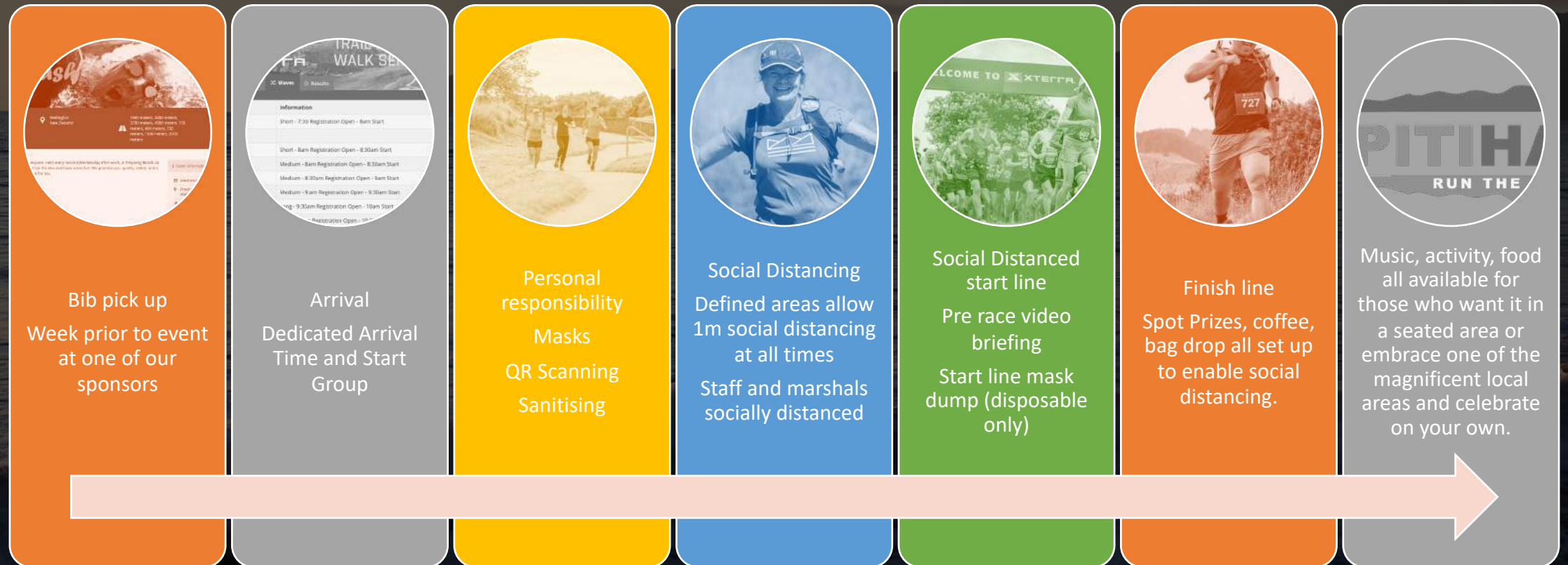
# Connecting the Parts (how)

- We will restrict numbers to the event to ensure the facility allows participants to socially distance at all times
- We will create waves to further enhance people's ability to socially distance.
- Registration and Finish line will be separated.
- Registration will be contactless and reduce contact with staff.
- Defined areas will be set up to allow safe participation and social distancing.
- Spectators are welcome but must wear masks at all times. If the space has limitations on numbers spectators will be asked to stay out of the start/finish area and only spectate in public places.
- We will encourage all participants and spectators to adhere to current government personal health guidelines.
- Participants will be asked to wear a mask in social areas.
- If government guidance changes again we can further define areas to keep smaller groups of people separated with appropriate barriers.





# How your event day will flow



# Participant Flow Start



## Participant Flow (Approx. 1 hour)

### Socially distanced

- Arrive and enter site
- Walk along marked path to finish area
- Grab a coffee, and those final bits and pieces
- Move through Holding Zone A
- Final Race Gear prep
- Drop your bag at Bag Drop (Each start wave has their own designated zone)
- Move through the finish line to the pre start.
- From pre start you have access to warm up
- Do those final preps.
- Move to start area 10 minutes before start.
- Race time.

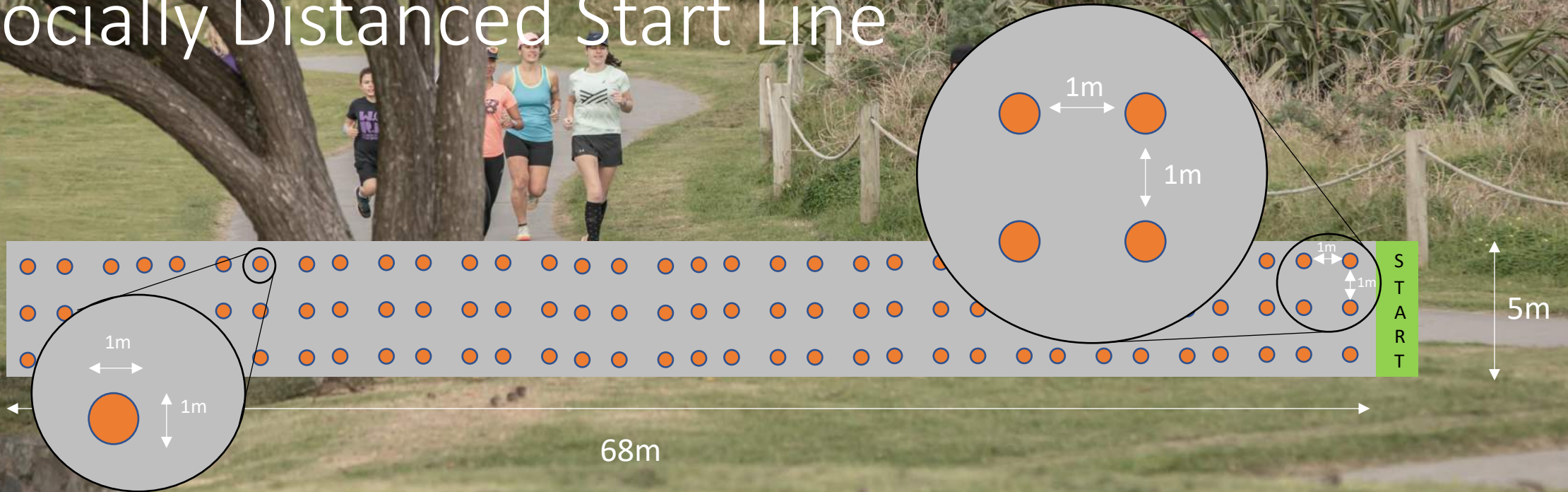
## Area Capacity – Socially Distanced

Finish Area: 640 Pax  
Holding Zone A: 200 Pax  
Pre Start Area: 300 Pax  
Start Area: 300 Pax  
Paths network: 100 Pax

*NB: At all times you will be able to exit site and return. Please return to your current position.  
Not to scale.*



# Socially Distanced Start Line



102 participants per 68m

Required start line = 204m per 300 participant Group

Full start line 260m = capacity for 390 people per start wave Socially distanced.

We have allowed additional space to give people flexibility to have more space if required.



# Participant Flow Finish



## Participant Flow Finish

### Socially distanced

- Finish your amazing race
- Grab your medal and remotely celebrate
- Walk along marked path to a recovery zone
- Grab a RLine, water and a finish line treat.
- Pick up your bag from Bag Drop
- Move through to the finish area
- If you are done, make your way to the exit
- If you are waiting for others, Pick up a coffee, food and check out our merch then find a seat in our designated seating area.

## Area Capacity – Socially Distanced

Finish Area: 640 Pax

Athlete Recovery Zone 1: 100 Pax

Athlete Recovery Zone 2: 100 Pax

Designated seating area: 300 Pax

Paths network: 100 Pax

*NB: At all times you will be able to keep at least 1m from people you don't know. Around the park there are many areas to sit and relax if the park feels too full.*

*Not to scale.*



## Key Course Timing Moments:

8:40	Finish Area Clear
9:05	Start Area Clear
9:10	First runner expected at Start line
9:17	First 5km Finisher
9:19	First 2km Runner
9:25	First 10km Runner
9:30	5km Prize Giving
9:40	First Half Marathon Runner
9:45	10km Prize Giving
10:00	Half Marathon Prize Giving
12:00	Last walker/Runner Home
12:30	Finish Area Cleared

## Appendix 1: Example Group Start Timetable (TBC)

- **Group 1 – 3 Waves - Max 300 Participants (100 PAX per wave) – Half Marathon – 8:30am Start**
- 7:30am Site open – Move through finish area to pre start
- 8:15am Start area open (all participants expected at start area)
- 8:30am wave 1 Start
- **Group 2 – 3 Waves - Max 300 Participants (100 PAX per wave) – Half Marathon – 8:40am Start**
- 7:40am Recommended arrival – Move to finish area and Holding Zone A from 8am if required.
- 8:15am Move to pre start
- 8:30am Move to start
- 8:40am Group 2 Start
- **Group 3 – 3 Waves - Max 300 Participants (100 PAX per wave) – 10km – 8:50am Start**
- 7:50am Recommended arrival – Move to finish area and Holding Zone A from 8:15 if required
- 8:30am Move to Pre Start
- 8:40am Start area open
- 8:50am Group 3 Start
- **Group 4– 3 Waves - Max 300 Participants (100 PAX per wave) – 5km – 9am Start**
- 8:00am Recommended arrival – Move to finish area and Holding Zone A from 8:30 if required
- 8:40am Move to Pre Start
- 8:50am Start area open
- 9:00am Group 4 Start
- **Group 5 – Multiple Waves - Max 100 Participants (100 PAX per wave) – 2km – 9:10am Start**
- 8:00am Recommended arrival – Move to finish area.
- 8:40am Move to 2km Start Zone
- 9:02am Start area open
- 9:10am Wave 2 Start





- This is a fluid document and will change as legislation and government guidance changes, or, other circumstances arise.
- We are continuously working with partners and stakeholders to ensure a safe and compliant event.
- If you have ideas of how we can improve how this plan is communicated, complaints or would like more information please direct your enquiries to:
  - [Bengy@barefootsport.co.nz](mailto:Bengy@barefootsport.co.nz)